1 Go online to www.oswego.edu/majorexploration, click on “What can I do with a major in...” and choose a major to explore.

   Major: _______________________________________________________________________

   Department Contact Information: _______________________________________________

2 Informational Interview Video: Choose an informational interview video to watch and answer the following questions. If one of the highlighted careers isn’t of interest, click on the link below to see additional videos.

   Career: _______________________________________________________________________

   Description of the position: _____________________________________________________

   ________________________________________________________________________________

   What do they love about their job? Challenges? __________________________________________________________________

   ________________________________________________________________________________

   How did they prepare for this job and what was their journey? __________________________________________________________________

   ________________________________________________________________________________

   What advice do they have for you? __________________________________________________________________

   ________________________________________________________________________________

3 Involvement: What student organizations and professional organizations can you join in this field?

   Club/Organization: ______________________________________________________________

   Professional Organization: ________________________________________________________

4 Alumni: What types of companies and job titles are Oswego Alumni working in?

   ________________________________________________________________________________
Exploring Careers: Expand on THREE of the listed career fields related to your major and list the areas and employers are of interest to you in this field.

Career Field #1: ____________________________________________________________
   Areas: ______________________________________________________________________
   Employers: __________________________________________________________________

Career Field #2: ____________________________________________________________
   Areas: ______________________________________________________________________
   Employers: __________________________________________________________________

Career Field #3: ____________________________________________________________
   Areas: ______________________________________________________________________
   Employers: __________________________________________________________________

What other information and strategies are recommended for this major and related career fields?

______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

To book an appointment with Career Services staff to further discuss your career exploration, go to: oswego.edu/career/bookme