

## GRADUATE ASSISTANT EMPLOYEE RESOURCES

**Human Resources 312-2230**

[www.suny.edu/benefits](http://www.suny.edu/benefits) or [hr@oswego.edu](mailto:hr@oswego.edu)

**Payroll 312-2227**

[payroll@oswego.edu](mailto:payroll@oswego.edu)

**SUNY Oswego Help Desk 312-3456**

[help@oswego.edu](mailto:help@oswego.edu)

**University Police 312-5555 or 911**

[police@oswego.edu](mailto:police@oswego.edu)

**BENEFITS**

**\*If eligible**

**NYS Department of Civil Service  
Division of Employee Benefits**

Albany, NY 12239

General Health Insurance information & COBRA  
800-833-4344

<https://www.cs.ny.gov/>

**HEALTH INSURANCE / PRESCRIPTIONS**

**EMPIRE PLAN**

**1-877-769-7447**

**Empire Blue Cross & Blue Shield**

New York State Service Center  
P.O. Box 1407  
Church Street Station  
New York, NY 10008

**Hospital & related services**  
1-877-769-7447 Press or Say 2

[www.empireblue.com](http://www.empireblue.com) check on your claims, policies, etc.

GROUP# YLS

- *must call* for certification before maternity or scheduled admissions
- *must call* within 48 hours of an emergency/urgent hospital admission

**United HealthCare**

PO Box 1600  
Kingston, NY 12402

**Basic medical/surgical**

GROUP# 30500

1-877-769-7447 Press or Say 1

<https://www.cs.ny.gov/> general information, participating providers

[www.myuhc.com](http://www.myuhc.com) check on your claims, policies, etc.

**Mental Health and Substance Abuse**

Beacon Health Options Inc.  
P.O. Box 1800  
Latham, NY 12110

1-877-769-7447 Press or Say 3

**Prescription Drug Program**

CVS Caremark  
P.O. Box 6590  
Lee's Summit, MO 64064

1-877-769-7447 Press or Say 4

**DENTAL / VISION**

**Emblem Health/GHI-**

800-947-0101

<https://www.emblemhealth.com/>

**Davis Vision**

"SEHP Vision Care Program"

888-588-4823

[www.davisvision.com](http://www.davisvision.com)

**RETIREMENT SYSTEMS and TAX-DEFERRAL PROGRAMS**

**NYS Employees' Retirement System**  
110 State Street  
Albany, NY 12244-0001

1-866-805-0990 (includes loan information)  
[www.osc.state.ny.us](http://www.osc.state.ny.us)

**TIAA**

800-842-2252 Darryl Fiasconaro  
<https://www.tiaa.org/public/tcm/suny>

**VOYA**

315-471-0200 Adrian Dunuwila  
<https://suny.beready2retire.com/>

**Fidelity**

716-270-7732 William Stark  
[www.netbenefits.com/suny](http://www.netbenefits.com/suny)

**AIG (formerly Valic)**

518-727-8538 Janet Lake  
[www.valic.com/suny](http://www.valic.com/suny)

**NYS Deferred Compensation Plan**

800-422-8463  
[www.nysdcp.com](http://www.nysdcp.com)

**OTHER NUMBERS**

Flex Spending Accounts:

800-358-7202  
<http://www.flexspend.ny.gov/>

Accident Reporting System (ARS)

888-800-0029 work-related injuries/illness